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(54) Energizing Drug

The present invention refers to a drug which, upon establishing the doses, has in which ensures the energetic substrate required during the effort and eliminates the feeling of tiredness.

There are known energizing drugs, such as an effort-sustaining product which contains vitamin C, glucose mesoinositol (RO patent no.68422). Another product comprises a series of vitamins and

view the researches of bio-availability and the synergy effects of the components (RO patents no. 62173, 74763).

There is also known an absorbable and assimilable mineralizing compound necessary for compensating the metabolic disturbances and loss of minerals which take place during the sports effort or other

categories of efforts, during which massive elimination of salts occur by sweating. This of the invention. product comprises an association between potassium and magnesium aspartates, the following composition: glycocol and arginine (Ro patent no. 73760);

Another product proposed for the drugs sustaining long lasting (aerobe) efforts comprises potassium and magnesium aspartates, glycocol, glutamic acid, lysine, tyrosine and caffeine (RO patent no. 73698).

According to the invention, the drug enlarges the range of the effort-sustaining drugs by the fact that, in order to obtain an energetic substrate necessary during the effort, and in order to eliminate the feeling of tiredness, it contains: 1.43 ... 1.82 % powder milk, vanillin and cacao butyr.

There are given hereinafter 4 embodiments

Example 1. The energizing drug has

- potassium aspartate	. 0.100 g ₁
- magnesium aspartate	0.100 g;
- lysine	0.100 g;
- arginine	0.050 g;
- tyrosine	0.050 g;
- glycocol	0.100 g;
- vitamin B ₆	0.050 g;
- powder milk	0.250 g;
- glucose	0.500 g;
- vanillin	0.002 g;
- butyr cacao	1.400g;
- sugar	0.298 g;
- chocolate	2.798 g;

The active substances are passed potassium aspartate; 1.43 ... 1.82 % through the sieve. After having been passed magnesium asparate; 1.43 ... 1.82 % lysine; through the sieve, they are homogenized. 0.71 ... 0.91 % arginine; 0.71 ... 0.91 % The chocolate is melted on the water bath at tyrosine; 1.43 ... 1.82 % glycocol; 0.71 ... a temperature of 40 ... 45°C. After melting, 0.91 % vitamin B_s, 7.14 ... 9.99% glucose, the butyr is incorporated into the chocolate incorporated in a mass to be poured in mass at a temperature of 32 ... 35 °C and it is tablet form; said mass comprising chocolate, well homogenized. The active substances are incorporated into that mass and after perfect homogenizing, the mass is poured which decreases the blood ammonia into the forms.

glycocol as activator of the muscular complex activity, stimulating regeneration

The tyrosine is an amino acid precursor of the thyroid hormones of the following composition: chatecholamines, highly important hormonal factors within the processes of forming and releasing the energy necessary for the effort.

The lysine is an amino acid which, according to the specialized researches, proved to improve the adaptation during the periods of intense training. The lysine is also necessary for preventing the effects of excessive catabolisis of proteins. characteristic to long standing sustained efforts.

The arginine is an amino acid with fundamental role in the urea cycle and

concentration in the acute liver The product sums up the effects of insufficiencies with hyper-ammoniemia.

The vitamin Be, which is a vitamin from metabolism with the effects of the potassium the complex B, has action on the trophicity of and magnesium aspartates which have a the nervous cell and has a role in the erythropoesis. Finally, the glucose and proteinogenesis, by protecting the chocolate from substances energogene by enzymatic equipment, and favouring the excellence constitute the energetic substrate for all tissues.

Example 2. The energizing drug has

- potassium aspartate	0.100 g;
- magnesium aspartate	0,100 g;
- lyaine	0.100 g;
- arginine	0.050 g;
- tyrosine	0.050 g;
- glycocol	0.100 g;
- vitamin 8 ₆	0.050 g;
- glucose	0.500 g;
- powder milk	0.250 g;
- vanillin	0.002 g;
- butyr	1.400 g;
- chocolate	2.798 g.

The preparation process is the same as in example 1.

Example 4. The energizing drug has

the following composition:

- potassium aspartate	0.100 g;
- magnesium aspartate	0.100 g;
- lysine	0.100 g;
- arginine	0.050 g;
- tyrosine	0.050 g;
- gly∞col	0.100 g;
- vitamin B _e	0.050 g;
- powder milk	0.250 g
- glucose	0.500 g;
- vanillin	0,002 g;
- butyr	1.800 g;
- chocolate	2.398 g.

The preparation process is the same as in example 1.

The product obtained according to the invention has the following advantages:

- by combining the effects of the components, ensures the energetic substrate necessary in the sports efforts or other kinds of efforts;
- by the antitoxic, stimulating effects during the efforts, it ensures a potential reserve of energy releasable during the effort and eliminates the feeling of tiredness

Claim

Energizing drug for the effortsustaining medication or recovery
medication, characterized in that comprises
1.43 ... 1.82 % potassium aspartate; 1.43 ...
1.82 % magnesium aspartate; 1.43 ... 1.82 %
lysine; 0.71 ... 0.91 % arginine; 0.71 ... 0.91
% tyrosine; 1.43 ... 1.82 % glycocol; 0.71 ...
0.91 % vitamin B_B, 7.14 ... 9,99% glucose,
incorporated into a mass poured into
tablets, consisting of chocolate, powder milk,
vanillin and butyr cacao.